

EDMONTON SPEED SKATING ASSOCIATION

ACKNOWLEDGEMENT AND WAIVER FOR PARTICIPANTS AGE 18 AND OVER

PLEASE READ CAREFULLY

As a participant in a program, camp or event organized by the Edmonton Speed Skating Association (“ESSA”):

I acknowledge that in recreational and athletic activities there are risks of minor and severe personal injury, including death, as a result of both on-ice and off-ice incidents. I acknowledge that this risk is higher than in regular day-to-day activities.

I have personal responsibility to ensure that I take appropriate care and caution to avoid or minimize the risk to myself and others.

I have personal responsibility to deal with any health or medical conditions from which I suffer, and I rely upon no other participant, coach, leader, or organizer to attend or respond to any such condition.

I understand that I am obliged to follow all instructions and rules set by ESSA.

In consideration of me being able to participate in ESSA programs, camps and events I assume all of the risks of participation, and I waive and release all rights and claims I may have against ESSA and its volunteers, in respect of all injuries and losses suffered by me as a result of my participation, caused in whole or in part by the negligence or other conduct of ESSA and/or its volunteers.

I acknowledge that I have read this Acknowledgement and Waiver and understand it, and understand that signing it affects my legal rights in the event of any injury or loss.

NAME OF PARTICIPANT (Print): _____

SIGNATURE OF PARTICIPANT: _____

NAME OF WITNESS (Print): _____

SIGNATURE OF WITNESS: _____

DATE: _____