



## Parent/Guardian Code of Conduct

<b>Policy Type:</b>	Governance
<b>Policy Reference:</b>	2.2
<b>Effective Date:</b>	2018-2019 Season

Parent and guardian support are critical to the success of ESSA's athletes and the club in general. It is essential that as a parent/guardian you understand your role in the organization and how your actions (positive or negative) reflect on ESSA, and the sport of speed skating. The code of conduct is intended to guide parents/guardians with your decision making with respect to the sport and the club. It is important that all parents/guardians strive to abide by the code. If you have questions regarding the code, you may contact your group parent representative.

### As an ESSA Parent/Guardian I Agree To...

#### General Behavior

1. Always treat all coaches, administrators, volunteers, officials and other athletes with respect.
2. Assume majority responsibility for my skater(s) on ice conduct and attitude. I may be approached by coaching staff or club executive if my skater's behaviour is not in line with the Athlete Code of Conduct.
3. Consistently display high personal standards and project a favorable image of the sport.
  - a) Refrain from public criticism of athletes, coaches or officials.
  - b) Refrain from the use of profane, insulting, harassing or otherwise offensive language.
4. Emphasize the importance of values like sportsmanship, respect, cooperation, competition and teamwork and offer praise for competing fairly, participation, and skill development.
5. Refrain from activities that shine a negative light on your person, the club, or the sport.
6. Never provide or advocate the use of performance enhancing drugs or substances.

#### Training & Development

1. Encourage my skater(s) to maintain a healthy balance between speed skating and life.
2. Set high, but reasonable expectations for my skater(s), focusing on development and enjoyment for my skater(s).
3. Celebrate my skater's skill development and goal achievement.
4. Acknowledge that I along with coaches are considered members of a team whose main concern is my skater's progress and development. I shall respect that the coach is responsible and empowered for the on-ice development of the athlete. My role shall be to take a healthy interest in my skater's progress and development and be responsible for my skater's nutrition, rest, overall health, life-balance, and moral and emotional support.
5. Ensure my skater(s) arrives on time for training sessions and is prepared to participate fully.
6. Ensure my skater(s) wears proper clothing and safety equipment.

#### Competition

1. Ensure my skater(s) is aware of race schedules. I will encourage them to become self sufficient with respect to race preparation and punctuality.
2. Teach my skater(s) to respect the decisions of officials even if we disagree with them.
3. Unconditionally support my skater(s) through their successes and failures.
4. Encourage my skater(s) to put for their best effort in every race.
5. Show support for all ESSA athletes, and celebrate the results of all athletes in competition.